



Recovery Champions

*Celebrating hope, connection,
and the many pathways to recovery*

In recognition of Recovery Month this September, Recovery Champions hosted Pathways to Tomorrow, a community event celebrating hope, connection, and the many pathways to recovery on September 2, 2026. The event opened with a prayer from Phyllis Racette, Supervisor of Red Road Wellness Centre, a transitional recovery home in Ebb & Flow First Nation. Participants enjoyed rock painting, with their colourful creations later placed along the trails, and had the opportunity to visit information booths from Health Promotion, HOPE, MMF Health & Wellness, and the HERO Clubs.

A special thank you to Dauphin Co-op for generously donating hot dogs and drinks, and to Dauphin HERO Club members for cooking. The event brought community organizations and members together to raise awareness of Recovery Month, while also recognizing International Overdose Awareness Day on August 31 and World Suicide Prevention Day on September 10. It was an opportunity to connect people with local resources and supports, encourage conversations about recovery and wellness, and share the message that recovery is possible and there are many pathways forward.

Recovery is possible.

There are many pathways forward.



For more information on
Recovery Champions visit
www.HopeInPrairieMountain.ca